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ANDERSON SILVA MMA Instruction Manual The Muay Thai Clinch, Takedowns, Takedown Defense, & Ground Fighting With Glen Cordoza presented by Victory Belt

<http://www.amazon.es/Mixed-Martial-Arts-Instruction-Manual/dp/1936608979>

If I asked you, Who has the deadliest Muay Thai in MMA, chances are you d say, Anderson Silva and if you didn t say then I d probably call you a liar.

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Anderson Silva - former Cage Rage Middleweight Champion, former Shooto

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Aug 19, 2011 Victory Belt released Anderson Silva's MMA Instruction Manual: The Muay Thai
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