

# Hawaiian Kenpo Manual

William K.S. Chow's Hawaiian Kenpo system (Kara-Ho Kenpo) Most of AKKA's findings and developments can be found in the current AKKA manual. Concurrently,  
<http://shinkyukenpo.com/Lineage.cfm>

Early Hawaiian Kenpo deserves at least that. In any case the actual self-defense practice and applied methods in this manual DO appear as "raw" Kenpo and Jujitsu  
<http://www.amazon.com/WHAT-IS-SELF-DEFENSE-Kenpo-Jiu-Jitsu/product-reviews/0939556006>

They point to military manuals and James Masayoshi Mitose introduced Kempo to Hawaii as a protest against One of the big Kempo/Kenpo  
<http://ussd.com/history-of-shaolin-kempo/>

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Steve Spry Karate Institute of Hawaiian Martial Arts features training in American Kenpo, Hawaiian Lua, Lima-Lama, Jujitsu and Aikido for adults, teens and kids.  
<http://stevespry.com/>

Founder and director of the Hawaiian Jiu even remotely a comprehensive kempo instruction manual, being quite rare nowadays for the Kempo / Kenpo  
<http://www.amazon.com/Mastering-Kempo-Martial-Arts-Series/dp/0736003509>

According to many martial arts historians, kenpo karate was created by William Kwai Sun Chow. From there, it was popularized by Ed Parker first in Haw  
<http://www.blackbeltmag.com/category/kenpo/>

KENPO KARATE Kenpo Karate: The Youth Kenpo Karate program focuses on self-defense,  
YUSON HAWAIIAN KENPO No. 14 NEWS LETTER April, 2007 In Memory of  
<http://arts5.net/k/kenpo-pdf.pdf>

The International Kenpo Karate Academies (IKKA) is a Kenpo organization that was formed to  
create a blanket for all Kenpoists to train under.  
<http://www.ikkakenpo.com/>

Welcome to Master Byron Queen's Karate school in Scottsdale, Arizona. We service the  
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<http://www.akkascottsdale.com/>

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<http://americankenpo.com/>

Tiger and Dragon School of Kenpo Karate. Head instructor world champion and black belt  
magazine fighter of the year Bart Vale  
<http://www.tdkarate.com/hist/>

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out of the Hawaiian Islands and the mainland. Learn techniques and drills  
<http://kenpolibrary.com/>

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